

## Key Stage 1 Physical Education Curriculum Map

Pupils in one or of PE a Following from the

Year	Class	Autumn 1 Outdoor	HT	Autumn 2 Outdoor		Spring 1 Outdoor	HT	Spring 2 Outdoor		Summer 1 Outdoor	H T	Summer 2 Outdoor
Year 1	KS1											
	A	Invasion Games Football & tag rugby		Invasion Games Handball		Invasion Games Basketball & Netball		Net & Wall Badminton & Tennis		Athletics Track and Field Events		Athletics Track and Field Events
	B	Invasion Games Football & tag rugby		Invasion Games Handball		Invasion Games Basketball & Netball		Net & Wall Badminton & Tennis		Athletics Track and Field Events		Athletics Track and Field Events
	C	Invasion Games Football & tag rugby		Invasion Games Handball		Invasion Games Basketball & Netball		Badminton & Tennis		Athletics Track and Field Events		Athletics Track and Field Events
Year 2												
	A	Invasion Games Football & tag rugby		Invasion Games Handball		Invasion Games Basketball & Netball		Net & Wall Badminton & Tennis		Athletics Track and Field Events		Athletics Track and Field Events
	B	Invasion Games Football & tag rugby		Invasion Games Handball		Invasion Games Basketball & Netball		Net & Wall Badminton & Tennis		Athletics Track and Field Events		Athletics Track and Field Events
	C	Invasion Games Football & tag rugby		Invasion Games Handball		Invasion Games Basketball & Netball		Net & Wall Badminton & Tennis		Athletics Track and Field Events		Athletics Track and Field Events

KS1 have afternoon morning week. guidance

Department of Education, the school is currently prioritising outdoor sports where possible and the PE curriculum map has been amended to reflect this. The termly units are planned to meet the aims and expectations of the Physical Education programmes of study for key stage 1.

### National curriculum in England

#### Physical education programmes of study: key stages 1 and 2 Purpose of study

A high-quality physical education curriculum inspires all pupils to succeed and excel in competitive sport and other physically-demanding activities. It should provide opportunities for pupils to become physically confident in a way which supports their health and fitness. Opportunities to compete in sport and other activities build character and help to embed values such as fairness and respect.

## **Aims**

The national curriculum for physical education aims to ensure that all pupils:

- develop competence to excel in a broad range of physical activities
- are physically active for sustained periods of time
- engage in competitive sports and activities
- lead healthy, active lives.

## **Attainment targets**

By the end of each key stage, pupils are expected to know, apply and understand the matters, skills and processes specified in the relevant programme of study.

## **Subject content - key stage 1**

Pupils should develop fundamental movement skills, become increasingly competent and confident and access a broad range of opportunities to extend their agility, balance and coordination, individually and with others. They should be able to engage in competitive (both against self and against others) and co-operative physical activities, in a range of increasingly challenging situations.

Pupils should be taught to:

- master basic movements including running, jumping, throwing and catching, as well as developing balance, agility and co-ordination, and begin to apply these in a range of activities
- participate in team games, developing simple tactics for attacking and defending
- perform dances using simple movement patterns - indoor dance is currently on hold due to Covid restrictions.